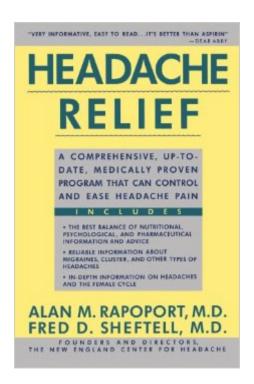
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# **Headache Relief**





# **Synopsis**

Emotions, nutrition, sleep patterns, stress, and environmental conditions can all trigger headache pain. Now sufferers can learn to control those factors with this clinically proven program which utilizes medication as well as other forms of relief.

## **Book Information**

Paperback: 288 pages

Publisher: Touchstone; Reprint edition (December 15, 1991)

Language: English

ISBN-10: 0671748033

ISBN-13: 978-0671748036

Product Dimensions: 5.5 x 0.8 x 8.4 inches

Shipping Weight: 12.6 ounces (View shipping rates and policies)

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### Customer Reviews

We were told to get this book from one of our childs doctors. Lots to read and hoping to find it very helpful, so far i have only a little bit, but i found it quite interesting already.

I saw this book at a Hastings but it was pricey. So glad I found it on . I recomend it to anyone in headache pain or migraine condition.

Life saver!!!

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